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## **Post Operative Instructions for Crown & Bridge**

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While you are numb be careful not to bite your cheek, tongue, or your lip. You may want to avoid chewing on this area especially hot foods and liquids until the numbing completely wears off.

Some irritation of gum tissue along with the anesthetic injection site may result in some soreness for a few days.

### **Temporary Crown or Bridge**

- You have just received a Temporary that will serve you for a short period of time while your custom permanent crown or bridge is being made. This will protect the tooth and hold the tooth in position so the permanent crown or bridge will fit properly.
- The size, shape, and color of the Temporary may differ from the permanent crown or bridge.
- Your Temporary is not strong. It may break or come off occasionally. Avoid chewing hard or sticky food on your Temporary.
- Temporary cement is used so that the temporary can be easily removed at your next appointment. If your Temporary comes off between appointments, call us to have it re-cemented.
- Brush softly and carefully floss around your Temporary. When flossing around your Temporary, slide the floss out between your teeth rather than snapping it up between the teeth. It is important that the gum tissue remains healthy, or we may not be able to seat your new crown or bridge.

### **Permanent Crown or Bridge**

- Sensitivity to hot and cold is common for a few weeks after cementing your crown or bridge. If sensitivity does occur, we recommend avoiding extreme temperature changes on your new crown or bridge.
- Your crown or bridge may have a different texture than your original tooth and may be contoured slightly differently. After a few days, your mouth will become completely accustomed to it.
- As with the temporary, if the bite does not feel comfortable, please contact us for a simple adjustment.
- Proper brushing, flossing, and routine dental cleaning & exams are necessary to maintain your final crown or bridge

In case of any unusual disturbances, questions, or any problems, please call the office.